

ESM05 Allergen Identification Form		Menu Title/Year SPRING TERM 2025							Menu Week/Day WEEK ONE						
Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
	MAY CONTAIN = m/c														
MONDAY	FISH FINGER	/	/	/	✓	/	/	/	/	/	/	/	/	/	/
	HERBI DICED POTATOES	/	/	/	/	S	/	/	/	/	/	/	/	/	/
	BEANS	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	OMELETTE	/	/	✓	/	/	/	✓	/	/	/	/	/	/	/
	YOGHURT	/	/	/	/	/	/	✓	/	/	/	/	/	/	/
TUESDAY	CHICKEN CURRY	/	/	/	/	/	/	✓	/	✓	/	/	/	/	/
	RICE	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	SWEETCORN	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	VEGETABLE CURRY	/	/	/	/	/	/	✓	/	✓	/	/	/	/	/
	COOKIE	/	/	/	/	W/O	/	✓	/	/	/	/	/	✓	/
WEDNESDAY	TOAD IN THE HOLE	/	/	✓	/	W	/	✓	/	/	/	/	/	/	✓
	ROAST POTATOES	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	PEAS	/	/	/	/	/	/	/	/	/	/	/	/	/	/
	VEGGI TOAD IN THE HOLE	/	/	✓	/	S	/	✓	/	/	/	/	/	✓	✓
	FRUIT SMOOTHIE	/	/	/	/	/	/	/	/	/	/	/	/	/	/
THURSDAY	SPAGHETTI BOLOGNAISE (BEEF)	/	/	/	/	W	/	/	/	m/c	/	/	/	m/c	/
	GARLIC BREAD	/	/	/	/	W	/	m/c	/	/	/	/	/	m/c	/
	QUORN SPAGHETTI BOLOGNAISE	/	/	✓	/	W/B	/	/	/	m/c	/	/	/	m/c	/
	FRUIT	/	/	/	/	/	/	/	/	/	/	/	/	/	/

This form must be reviewed on the day this meal is being prepared to ensure the correct allergens have been identified.

*Gluten Key: W=Wheat O=Oats B=Barley R=Rye S=Spelt K=Kamut

Please state the name of the cereal(s) containing gluten* in that column.

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Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
FRIDAY	MAY CONTAIN = M/C CHEESE + TOMATO PIZZA	1	1	M/C	1	W	1	✓	1	1	1	1	1	1	1
	CRUDITIES	1	1	1	1	1	1	1	1	1	1	1	1	1	1
	CAKE	1	1	✓	1	W	1	1	1	1	1	1	1	1	1

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ESM05 Allergen Identification Form		Menu Title/Year SPRING TERM 2025							Menu Week/Day WEEK TWO						
Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
	MAY CONTAIN = m/c														
MONDAY	SWEET & SOUR CHICKEN+VEG	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	QUORN BEEF PIECES IN	-	-	-	-	B+W	-	-	-	-	-	-	-	-	-
	SWEET+SOUP SAUCE	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	RICE	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	COOKIE	-	-	-	-	W+O	-	✓	-	-	-	-	-	✓	-
TUESDAY	TOMATO+BASIL PASTA BAKE	-	-	-	-	Σ	-	-	-	m/c	-	-	-	m/c	-
	GARLIC BREAD	-	-	-	-	Σ	-	m/c	-	-	-	-	-	m/c	-
	FRUIT LOLLY	-	-	-	-	-	-	-	-	-	-	-	-	-	-
WEDNESDAY	BEEF COTTAGE PIE	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	QUORN COTTAGE PIE	-	-	✓	-	B	-	-	-	-	-	-	-	-	-
	BEANS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	CAKE	-	-	✓	-	Σ	-	-	-	-	-	-	-	-	-
THURSDAY	CHICKEN NUGGETS	-	-	-	-	Σ	-	-	-	-	-	-	-	✓	-
	POTATO WEDGES	-	-	-	-	Σ	-	-	-	-	-	-	-	-	-
	SWEETCORN	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	PLANT BASED DIPPERS	-	-	-	-	Σ	-	-	-	-	-	-	-	-	-
	FRUIT	-	-	-	-	-	-	-	-	-	-	-	-	-	-
FRIDAY	BEEF BURGER IN ROLL	✓	-	-	-	Σ	-	-	-	-	-	-	m/c	-	-
	VEGETARIAN 1/4 B BURGER IN ROLL	-	-	-	-	W+B	-	-	-	-	-	-	-	✓	-
	YOGHURT	-	-	-	-	-	-	✓	-	-	-	-	-	-	-

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Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
	MAY CONTAIN = m/c														
MONDAY	BEEF TACO	-	-	-	-	M/C/W	-	-	-	-	-	-	-	-	-
	QUORN MINCE TACO	-	-	✓	-	B	-	-	-	-	-	-	-	-	-
	RICE	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	SWEETCORN	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	YOGHURT	-	-	-	-	-	-	✓	-	-	-	-	-	-	-
TUESDAY	TUSCAN CHICKEN PASTA	-	-	-	-	W	-	-	-	m/c	-	-	-	m/c	-
	TUSCAN QUORN PASTA (Pasta)	-	-	-	-	B+W	-	-	-	m/c	-	-	-	m/c	-
	VEGETABLES	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	CAKE	-	-	✓	-	W	-	-	-	-	-	-	-	-	-
WEDNESDAY	ROAST CHICKEN	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	NEW POTATOES	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	VEGETABLES	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	QUORN FILLET	-	-	-	-	W	-	-	-	-	-	-	-	-	-
	FRUIT	-	-	-	-	-	-	-	-	-	-	-	-	-	-
THURSDAY	FISH GOUJONS	-	-	-	✓	W	-	-	-	-	-	-	-	-	-
	CHIPS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	PEAS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	VEGETABLE LASAGNE	-	-	-	-	W	-	✓	-	m/c	-	-	-	✓	-
	FRUIT LOLLY	-	-	-	-	-	-	-	-	-	-	-	-	-	-

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Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
	MAY CONTAIN = M/C														
FRIDAY	PORK PATTIE	-	-	-	-	-	-	-	-	-	-	-	-	✓	-
	OMELETTE	-	-	✓	-	-	-	✓	-	-	-	-	-	-	-
	ROLL	-	-	-	-	W	-	-	-	-	-	-	m/c	-	-
	HASH BROWN	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	BEANS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	VEGETARIAN SAUSAGE PATTIE	-	-	✓	-	N+B	-	✓	-	-	-	-	-	-	-
	VEGAN BACON	-	-	-	-	m/cW	-	-	-	-	-	-	-	✓	-
	COOKIE	-	-	-	-	N/O	-	✓	-	-	-	-	-	✓	-

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BAGUETTES	BAGUETTE	-	-	-	-	W/B	-	-	-	-	-	-	m/c	-	-
	DAIRY FREE BUTTER	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	HAM	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	CHEESE	-	-	-	-	-	-	✓	-	-	-	-	-	-	-
	TUNA MAYO	-	-	✓	✓	-	-	-	-	-	-	-	-	-	-
	TURKEY	-	-	-	-	-	-	-	-	-	-	-	-	-	-
JACKET POTATOES															
	CHEESE	-	-	-	-	-	-	✓	-	-	-	-	-	-	-
	BEANS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	TUNA MAYO	-	-	✓	✓	-	-	-	-	-	-	-	-	-	-
	BUTTER PORTIONS	-	-	-	-	-	-	✓	-	-	-	-	-	-	-

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