

ESM05 Allergen Identification Form		Menu Title/Year AUTUMN/WINTER							Menu Week/Day WEEK ONE						
Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
	MAY CONTAIN = M/C														
MONDAY	FISH FINGER	/	-	-	✓	-	-	-	-	-	-	-	-	-	-
	HERBY DICED POTATOES	-	-	-	-	Σ	-	-	-	-	-	-	-	-	-
	BEANS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	OMELETTE	-	-	✓	-	-	-	✓	-	-	-	-	-	-	-
	YOGHURT	-	-	-	-	-	-	✓	-	-	-	-	-	-	-
TUESDAY	CHICKEN CURRY	-	-	-	-	-	-	✓	-	✓	-	-	-	-	-
	RICE	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	SWEETCORN	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	VEGETABLE CURRY	-	-	-	-	-	-	✓	-	✓	-	-	-	-	-
	COOKIE	-	-	-	-	W/O	-	✓	-	-	-	-	-	✓	-
WEDNESDAY	TOAD IN THE HOLE	-	-	✓	-	W	-	✓	-	-	-	-	-	-	✓
	ROAST POTATOES	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	PEAS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	VEGGI TOAD IN THE HOLE	-	-	✓	-	W	-	✓	-	-	-	-	-	✓	✓
	FRUIT SMOOTHIE	-	-	-	-	-	-	-	-	-	-	-	-	-	-
THURSDAY	SPAGHETTI BOLOGNAISE (BEEF)	-	-	-	-	W	-	-	-	m/c	-	-	-	m/c	-
	GARLIC BREAD	-	-	-	-	W	-	m/c	-	-	-	-	-	m/c	-
	QUORN SPAGHETTI BOLOGNAISE	-	-	✓	-	W/B	-	-	-	m/c	-	-	-	m/c	-
	FRUIT	-	-	-	-	-	-	-	-	-	-	-	-	-	-

This form must be reviewed on the day this meal is being prepared to ensure the correct allergens have been identified.

\*Gluten Key: W=Wheat O=Oats B=Barley R=Rye S=Spelt K=Kamut

Please state the name of the cereal(s) containing gluten\* in that column.

ESM05 Allergen Identification Form		Menu Title/Year <i>Autumn/Winter</i>							Menu Week/Day <i>Week One</i>						
Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
<i>FRIDAY</i>	<i>MAY CONTAIN = M/C</i> <i>CHEESE TOMATO PIZZA</i>			<i>m/c</i>		<i>Σ</i>		✓							
	<i>CRUDITIES</i>														
	<i>CAKE</i>			✓		<i>Σ</i>									

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ESM05 Allergen Identification Form			Menu Title/Year AUTUMN/WINTER						Menu Week/Day WEEK TWO						
Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
	MAF CONTAIN = m/c														
MONDAY	SWEET & SOUR CHICKEN+VEG	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	QUORN BEEF PIECES IN	-	-	-	-	B+W	-	-	-	-	-	-	-	-	-
	SWEET+SOUP SAUCE	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	RICE	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	COOKIE	-	-	-	-	W+O	-	✓	-	-	-	-	-	✓	-
TUESDAY	TOMATO + BASIL PASTA BAKE	-	-	-	-	W	-	-	-	m/c	-	-	-	m/c	-
	GARLIC BREAD	-	-	-	-	W	-	m/c	-	-	-	-	-	m/c	-
	FRUIT LOLLY	-	-	-	-	-	-	-	-	-	-	-	-	-	-
WEDNESDAY	BEEF COTTAGE PIE	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	QUORN COTTAGE PIE	-	-	✓	-	B	-	-	-	-	-	-	-	-	-
	BEANS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	CAKE	-	-	✓	-	W	-	-	-	-	-	-	-	-	-
THURSDAY	CHICKEN NUGGETS	-	-	-	-	W	-	-	-	-	-	-	-	✓	-
	POTATO WEDGES	-	-	-	-	W	-	-	-	-	-	-	-	-	-
	SWEETCOEN	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	PLANT BASED DIPPERS	-	-	-	-	W	-	-	-	-	-	-	-	-	-
	FRUIT	-	-	-	-	-	-	-	-	-	-	-	-	-	-
FRIDAY	BEEF BURGER IN ROLL	✓	-	-	-	W	-	-	-	-	-	-	m/c	-	-
	VEGETARIAN 1/4 B BURGER IN ROLL	-	-	-	-	W+B	-	-	-	-	-	-	-	✓	-
	YOGHURT	-	-	-	-	-	-	✓	-	-	-	-	-	-	-

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ESM05 Allergen Identification Form		Menu Title/Year Autumn/Winter							Menu Week/Day WEEK THREE						
Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
	MAY CONTAIN = m/c														
MONDAY	BEEF TACO	-	-	-	-	M/C/W	-	-	-	-	-	-	-	-	-
	QUORN MINCE TACO	-	-	✓	-	B	-	-	-	-	-	-	-	-	-
	RICE	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	SWEETCORN	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	YOGHURT	-	-	-	-	-	-	✓	-	-	-	-	-	-	-
TUESDAY	TUSCAN CHICKEN PASTA	-	-	-	-	W	-	-	-	m/c	-	-	-	m/c	-
	TUSCAN QUORN PASTA (PORK)	-	-	-	-	B+W	-	-	-	m/c	-	-	-	m/c	-
	VEGETABLES	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	CAKE	-	-	✓	-	W	-	-	-	-	-	-	-	-	-
WEDNESDAY	ROAST CHICKEN	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	NEW POTATOES	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	VEGETABLES	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	QUORN FILLET	-	-	-	-	W	-	-	-	-	-	-	-	-	-
	FRUIT	-	-	-	-	-	-	-	-	-	-	-	-	-	-
THURSDAY	FISH GOUJONS	-	-	-	✓	W	-	-	-	-	-	-	-	-	-
	CHIPS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	PEAS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	VEGETABLE LASAGNE	-	-	-	-	W	-	✓	-	m/c	-	-	-	✓	-
	FRUIT LOLLY	-	-	-	-	-	-	-	-	-	-	-	-	-	-

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Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
FRIDAY	MAY CONTAIN = M/C PORK PATTIE	-	-	-	-	-	-	-	-	-	-	-	-	✓	-
	OMELETTE	-	-	✓	-	-	-	✓	-	-	-	-	-	-	-
	ROLL	-	-	-	-	W	-	-	-	-	-	-	m/c	-	-
	HASH BROWN	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	BEANS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	VEGETARIAN SAUSAGE PATTIE	-	-	✓	-	W+B	-	✓	-	-	-	-	-	-	-
	VEGAN BACON	-	-	-	-	m/cW	-	-	-	-	-	-	-	✓	-
	COOKIE	-	-	-	-	N/O	-	✓	-	-	-	-	-	✓	-

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ESM05 Allergen Identification Form		Menu Title/Year CHRISTMAS LUNCH 24						Menu Week/Day							
Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
	CHICKEN														
	YORKSHIRE PUDDING			✓		W		✓							
	CHIPOLATA (PORK)					W									✓
	STUFFING BALL					W/O									
	ROAST POTATOES														
	VEGETABLES														
	QUORN FILLET					W									
	LINDA McCARTNEY SAUSAGE					W								✓	✓
	GRAVY														
	ICE-CREAM							✓							
	FESTIVE BISCUIT.														

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Product brand or code	Menu Item Details	Celery	Crustacea	Eggs	Fish	Gluten*	Lupin	Milk	Molluscs	Mustard	Peanuts	Tree Nuts	Sesame	Soya	Sulphites
BAGUETTES	BAGUETTE MAY CONTAIN = m/c	-	-	-	-	W/BK	-	-	-	-	-	-	m/c	-	-
	DAIRY FREE BUTTER	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	HAM	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	CHEESE	-	-	-	-	-	-	✓	-	-	-	-	-	-	-
	TUNA MAYO	-	-	✓	✓	-	-	-	-	-	-	-	-	-	-
	TURKEY	-	-	-	-	-	-	-	-	-	-	-	-	-	-
JACKET POTATOES															
	CHEESE	-	-	-	-	-	-	✓	-	-	-	-	-	-	-
	BEANS	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	TUNA MAYO	-	-	✓	✓	-	-	-	-	-	-	-	-	-	-
	BUTTER PORTIONS	-	-	-	-	-	-	✓	-	-	-	-	-	-	-

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